

**HTAA Flag Football**  
**Coaches Meeting**  
**Rules, Coaching Guidelines & Principles**

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Coach,

Thank you for taking up the challenge of becoming an NFL Flag Football Coach.

In order to prepare all of the coaches and set the tone for the program and this season, this packet of materials has been prepared.

In this packet you will find:

NFL Guidelines & Principals  
Guide for Warm ups, Stretching & Drills  
NFL Flag Football Rules  
HTAA Flag Football Drills & Skills DVD

In addition, each coach will be emailed a “Play Book” for team use. You are not obligated to use this playbook, but it is a nice starting point. In addition, the plays and players are color coded which is helpful when working with the kids.

We’re looking forward to a great season. Thanks again for volunteering to coach.

HTAA Flag Football Board

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Please be sure to read the attached information and sign this form and return the “Coaches Statement” portion.

**Coaches’ Statement:**

I, \_\_\_\_\_, have read all of the HTAA and NFL Guidelines & Principals and NFL Flag Rules. I understand the goals of HTAA Flag Football and the responsibilities and obligations of HTAA Flag Football coaches.

Therefore, I agree to abide by the rules & guidelines stated herein. Failure to observe the rules and guidelines may be grounds for removal from coaching for the season, pending review of the HTAA Flag Football Board & HTAA Board.

\_\_\_\_\_  
Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature